

CURRICULUM VITAE

PROFESSIONAL PREPARATION

- 2012 – 2016 PhD, *The University of Alabama*, Tuscaloosa, AL
Major Area: Sport Pedagogy
Supporting Areas: Educational Research and Foundations of Education.
Dissertation Topic: Occupational Socialization of German Physical Educators
- 2014 – 2016 Qualitative Research Certificate, *The University of Alabama*, Tuscaloosa, AL
- 2005 – 2009 B.A., *Sage Innovations*, (private, unaccredited university), New York, NY and Ibiza, Spain:
High Performance Leadership, Major: High Performance Coaching, Minors: Communication,
Stage Performance.
- 1985 – 1987 M.A. Education, Summa Cum Laude, *Boise State University*, Boise, ID
Major: Curriculum & Instruction, Minors: Bilingual Education, English as a Second Language.
- 1979 – 1981 B.A. equivalent, *Albert-Ludwigs Universität*, Freiburg, Germany
Majors: German Language and Literature, and Political Science for Secondary Education.

TEACHING EXPERIENCE AT THE UNIVERSITY OF WEST GEORGIA

Fall 2016 – present Assistant Professor, Department of Sport Management, Wellness and Physical Education

Courses taught

- PHED 3670 Inst Stratg of Health & Physical Education (Fall 2016, 2017)
PHED 3671 Phys Education in Elem School, (Spring 2018, 2017)
PHED 3710 Assessing Performance in HPE, (Fall 2016, 2017)
PHED 3720 Adapted Phys Ed Field Experience, (Spring 2018, 2017)
PHED 3401 Integrating Technology in HPE, (Summer 2018, 2017)
PHED 4689 Teaching Internship Seminar, (Spring 2018, 2017)
PHED 4685 Current Issues in Physical Education, (Fall 2017)
PHED 3503 Skills/Stra-Net and Wall Game, (Spring 2017)
PWLA 1600 Personal Wellness, (Summer 2017)
PWLA 1695 Volleyball: Beginning, (Fall 2016)
PWLA 1690 Yoga, (Summer 2018, Spring 2018)
PWLA 2611 Mindfulness in Action, (Spring 2017)

PUBLISHED MANUSCRIPTS AND RESEARCH PAPERS IN PROGRESS

International publications:

Merrem, A. M., & Curtner-Smith, M. D. (2017). The occupational socialization of German physical education teachers. *Sport, Education and Society*, 1-13.

Merrem, A. M., & Curtner-Smith, M. D. (2017). Acculturation of prospective German physical education teachers. *European Physical Education Review*, 1356336X17706620.

National Publications:

Merrem, A.M. & Curtner-Smith, M.D., The occupational socialization of German sport pedagogy faculty, *Journal for Teaching in Physical Education*, (in final revision)

Merrem, A.M. (2013). Power plus Finesse. *Track Coach*, (205), 6543-6544.

State publications:

Knoll, C., **Merrem, A.M.** & Johnson, J. (2017) Perspectives from Physical Education, Wellness, and Sport Management Faculty at the University of West Georgia. *The GAME*, v2, February 2017

Research and research papers in progress:

Merrem, A.M., Mental Fitness—High Performance Coaching for Collegiate Baseball Athletes

Merrem, A.M. & Heidorn, J., Promoting self-prescribed active living practices for female university faculty (in preparation)

PROFESSIONAL PRESENTATIONS

International:

Merrem, A.M. (2017, September). *Mentally Fit for High Performance: Adding an Important Skill and Personal Growth Training for College Freshmen.* **Invited**, World Education Day, Dalian, China.

Merrem, A.M. & Curtner-Smith, M.D. (2017, September). *The Occupational Socialization of German Physical Education Teachers.* **Invited**, World Education Day, Dalian, China.

Merrem, A.M. (2017, May). *Mental Fitness Exploration – Perspectives of a Super Senior.* 13th International Congress of Qualitative Inquiry, Champaign, IL.

Flint, M. & **Merrem, A.M. (2017, May).** *Becoming Artist / Researcher.* 13th International Congress of Qualitative Inquiry, Champaign, IL.

Merrem, A.M. & Curtner-Smith, M. D. (2016, June). *And now a professor: The historical unfolding of becoming physical education teacher educator.* International Society for the History of Physical Education and Sport (ISHPES) International Congress, Paris, France.

Merrem, A.M. (2016, May). *Continually arriving at the starting point: Teaching physical education for adjudicated teenage girls.* 12th International Congress of Qualitative Inquiry, Urbana-Champaign, IL.

Merrem, A.M. (2012, July). *High Performance in Sport, Business, and Life*. City Talk Berlin, Berlin, Germany.

Merrem, A.M. (2011, November). *Mental Fitness, Mental Training*. Angioclinic Berlin, Berlin, Germany.

National:

Merrem, A.M. (2018, January). Entering “the other”—Connecting PETE with the athletics department. National Association for Kinesiology in Higher Education (NAKHE), National Convention, Phoenix, AZ

Merrem, A.M. & Curtner-Smith, M.D. (2017, March). *Acculturation of prospective German physical education teachers*.

Merrem, A.M. (2017, March). Panelist, SHAPE America graduate student forum. SHAPE America National Convention, Boston, MA.

Merrem, A.M. & Heidorn, J. (2017, January). *Promoting self-prescribed healthy living practices for female university faculty*. NAKHE, Orlando, FL

Merrem, A.M. & Stran, M. (2015, March). *Mental fitness games*. SHAPE America National Convention, Seattle, WA.

Merrem, A.M. & Stran, M. (2014, April). *Strengthening the mind: Improving athlete performance via the mind—body connection*. American Association of Health, Physical Education, Recreation, and Dance Convention, St. Louis, MO.

Merrem, A.M. & Gray, J. (2009, March). *Coaching, Training, Executing*. USA Track & Field, The Podium Education Project, Las Vegas, NV.

Regional:

Merrem, A.M. (2017, January). *We are “family”. Can we talk about it?* SHAPE America, annual Southern District Convention, Baton Rouge, LA

Merrem, A.M. & Stran, M. (2015, February). *Mental and Physical Training Connections*. SHAPE America, annual Southern District Convention, Atlanta, GA.

State:

Merrem, A.M. (2017, October). *Mentally fit athletes on your high school teams*. Georgia Association for Health, Physical Education Recreation, and Dance (GAHPERD) annual state Convention, Athens, GA.

Merrem, A.M. (2016, November). *Acculturation and our opportunity*. GAHPERD annual state Convention, Savannah, GA.

Merrem, A.M. (2009, March). *Integrated Approach to Coaching – training mental, physical, emotional, and*

social intelligence. California Association for Health, Physical Education, Recreation, and Dance (CAHPERD) State Conference, Santa Clara, CA

Merrem, A.M. (2006, March). *Go 2016! Public School Team Handball League with a Vision*. CAHPERD State Conference, Santa Clarita, CA.

Local:

Merrem, A.M. (2018, January). *(Re)Searching the Mind*. **Invited** presentation at Rotary Club of Carrollton.

Institutional:

Merrem, A.M. (2017, throughout the year). *Mental Fitness and the Mental Game*. Men's and Women's basketball, Women's volleyball, UWG, Carrollton, GA

Merrem, A. M. (2017, May). *Integrating Movement into the Classroom*. Innovations in Pedagogy, University of West Georgia (UWG), Carrollton, GA.

Merrem, A.M. (2016, August). *Motivation*. Lecture for Wellness majors in Department of Sport Management, Wellness, and Physical Education, UWG, Carrollton, GA.

Merrem, A.M. & Guyotte, K. (2016, April). *Everything falls apart: An autoethnographic journey in teaching adjudicated teenage girls*. Poster. ESPRMC Graduate Symposium, The University of Alabama (UA), Tuscaloosa, AL.

Merrem, A.M. (2015, September). *The Experience: Physical education, sports, and mental fitness coaching*. Lecture, Department of Kinesiology, UA, Tuscaloosa, AL.

Merrem, A.M. (2014, October). *Mental Skills for Performance*. Lecture, Department of Kinesiology, UA, Tuscaloosa, AL.

Merrem, A.M. (2013, October). *High Performance for Sports Teams*. Lecture, Department of Kinesiology, UA, Tuscaloosa, AL.

Merrem, A.M. (2013, September). *High Performance Coaching*. Presentation, Athletic department, UA, Tuscaloosa, AL.

SERVICE

2018 – present, Member, Coaching Education committee, National Association of Kinesiology in Higher Education

2017 - present, Member, Carrollton-Carroll County Education Collaborative committee, Performance and Research Processes team

2017 – present, Member at large, University of West Georgia Faculty Senate

Member, CHIP (Core Honors Interdisciplinary Programs) sub-committee

2017 – present, Member, Provost Faculty Advisory Committee

2016 – present, Member, College of Education Faculty Governance Council

2016 – present, Member, College of Education DAG Folger Series Committee

2016 – present, Member, Get Healthy Live Well Coalition

2017, Submission reviewer, Journal of Teaching in Physical Education

2017, Submission reviewer, AERA annual meeting submissions

2017, Coach and teacher, Mental Fitness and Stretching and flexibility, Women’s Volleyball team

2017, Coach, Mental Fitness workshop for Men’s Basketball team

2017, Fall, Stretching and Flexibility Coach, UWG baseball team

2016, Submission reviewer, AERA annual meeting submissions

2016, Member, Work Life Balance Workgroup

2016, Fall, guest speaker EDUC 2120 Exploring Sociocultural Perspectives on Diversity in Educational Contexts

2016, Fall, guest speaker PHED 3720 Current Issues and Trends in Health and Community Wellness

PROFESSIONAL GROWTH

2018 Development of syllabus for Coaching the Mental Game (coaching minor class), Spring 2018

2017 Development and teaching of Current Issues in Health and Physical Education class, Fall 2017

2017 Revision of learning outcomes and reference section PHED 3670, PHED 3710, PHED 3720, Fall 2017

2017 Development and teaching of Mentally Fit for High Performance online class, Summer 2017

2017 Earned certificates of completion at Shape Southern Region conference: Practical Dances for PE, Need Supportive Instruction, Net/Wall games: strategies for skill development, Providing Quality Field Experiences – where does edTPA fit in? Spring 2017

2017 Methodologist, Dissertation: Teacher Voice and Advocacy in the School Improvement Process; Department of Leadership, Research, and School Improvement, UWG, Spring 2017

2017 March, Reviewer for Innovations in Pedagogy proposals, Center for Teaching & Learning, UWG, Spring 2017

2017 March, Reviewer, School Improvement Dissertation of the Year Award submissions; Department of

Invited professional presentations:

- Merrem, A.M.** (2009, March). *Self-Esteem and Motivation for Female High School Athletes*. Nike Women's Training Program, Los Angeles, CA.
- Merrem, A.M.** (2009, March). *High Performance Coaching: Awareness and Leadership Training*. UCLA Women's and Men's Cross Country and Distance Teams, Los Angeles, CA,
- Merrem, A.M.** & Gray, J. (2008, September). *T.E.A.M. Together Everyone Achieves More*. Harvard Westlake Preparatory School, Studio City, CA.
- Merrem, A.M.** (2007, Fall). *Positive Self-Talk, part 1 & 2; Love Running; Positive Coaching; Tools for High Performance*. Workshops. Nike Studio, Los Angeles, CA.
- Merrem, A.M.** (2007, January). *Teambuilding and Effective Communication*. Nike Top 20 Advisor. Nike Inc., Los Angeles, CA.
- Merrem, A.M.** (2006, August). *Motivation: Nike Women in Marathon Training!* Nike Marathon Women in Training, Los Angeles, CA.
- Merrem, A.M.** (2005, May). *Performance Scales and their Use in Coaching*. Studio A, Santa Monica, CA.
- Merrem, A.M.**, Gerlach, J., & Chorin, T. (2004, September). *The Science of Fun*. Writers, producers, actors. Theatre Productions, Los Angeles, CA.

GRANTS AND SCHOLARSHIPS

- 2017 NCAA, Innovations in Research and Practice grant (\$20,202, submitted)
- 2017 UWG, Carrollton, GA; Honors College, SRAP grant (\$1650, granted)
- 2016 UWG, Carrollton, GA; COE internal seed grant (\$1863, granted)
- 2016 UA Graduate School, Tuscaloosa, AL; Travel Award for Outstanding Poster Presentation at the 8th Annual ESPRMC Graduate Research Symposium (\$600, awarded)
- 2016 UA, Tuscaloosa, AL; Travel Grant to SHAPE national conference (\$567, granted)
- 2016 UA, Tuscaloosa, AL; Travel Grant to ICQI international conference (\$200 granted)
- 2015 UA, Tuscaloosa, AL; Travel Grant to PETE/HETE conference (\$605, granted)
- 2015 UA, Tuscaloosa, AL; Graduate Teaching Assistantship (awarded)
- 2015 Private Funding (various sources); Research field trip for dissertation research (\$3500, granted)

- 2008 *LA '84 Foundation*, Los Angeles, CA; Ken Doherty Memorial Fellowship (awarded)
- 2007 *LA '84 Foundation*, Los Angeles, CA; Development Grant for Youth Track and Running Club (\$10,000, granted)
- 2007 *Nike Inc.*, Los Angeles, CA; Grant for Youth Track and Running Club (\$5,000, granted)
- 2007 *Nike Inc.*, Los Angeles, CA; Grant for Youth Track and Running Club (\$3,000 in kind, granted)
- 2007 *Keck Foundation*, Los Angeles, CA, for A World Fit for Kids, participant writer: concept development for Grant application (\$500,000, not funded)
- 1985 *Boise State University*, Graduate Assistantship, Boise, ID (awarded)

RECOGNITIONS AND AWARDS

- 2017 *UWG Athletics*, Recipient, WESPY AWARD, Faculty Member of the Year
- 2016 *UA Qualitative Research Certificate Program*, featured in Alumni spotlight <http://qualresearch.ua.edu/our-students.html>
- 2016 *UA Graduate School*, Tuscaloosa, AL; Educational Studies in Psychology, Research Methodology, and Counseling; Outstanding Poster Presentation Award, "Everything Falls Apart;" certificate and travel grant
- 2015 *Special Olympics World Games*, Los Angeles, CA, Certificate of Service.
- 2009 *California Interscholastic Federation*, "Coach", recognition of outstanding athletic achievement.
- 2008 *CAHPERD*, CA, Certificate of Appreciation: featured speaker at state conference.
- 2007 *CAHPERD*, CA, Certificate of Appreciation: featured speaker at state conference.
- 2006 *A World Fit for Kids*, Los Angeles, CA, Certificate of Appreciation for Service.

ADDITIONAL TEACHING AND COACHING EXPERIENCE

- Aug 2015 – *The University Alabama*, Graduate Assistant, Tuscaloosa, AL
- May 2016 Courses taught:
 KIN 364 Physical Education for Elementary Education Majors
 "Working on Womanhood", a Girls' Intensive Education and Treatment (off site)
 KIN 108 Tennis
 KIN 117 Volleyball
 KIN 167 Running
- Jan 2012 – *Tuscaloosa Academy*, Tuscaloosa, AL: German, History, and Geography,
 May 2015 International Language Curriculum Tract, grades 5 – 12; team member; design, establishment,

and execution of state of Baden-Württemberg curriculum for German expatriates' children

- Nov 2009 – *Berlin Brandenburg International School*, Berlin, Germany: Physical Education, grades 5 – 10;
Dec 2011 Primary Years Program and Middle Years Program curriculum
- Sep 2007 – *A World Fit for Kids*, Los Angeles, CA: Mentor, curriculum design, and coaching training
Feb 2009 grades 9 – 12; design of PAL and Mentors in Motion trainings, field work
- Aug 2005 – *Coeur d'Alene Elementary School*, Venice, CA: Program Director, elementary physical
Jul 2007 education grades K – 5
- Oct 1998 – *YMCA Westwood, Santa Monica Yoga*, Los Angeles, CA: Hatha Yoga, beginning and
Jun 2000 intermediate classes; success: increased number of participants of 50 years or older
- Sep 1997 – *Holcomb Bridge Middle School*; Atlanta, GA: English as a Second Language (ESL), all
Aug 1998 proficiency levels, grades 5 – 8; students from 14 different nationalities
- Jan 1996 – *Mindful Breath in Motion Yoga Studio*, Owner, Atlanta, GA: July 1997. Iyengar and Vini Yoga
Aug 1997 classes and private instruction; special courses for clients of 50+ years of age
- Apr 1988 – *ELS Language Centers*, Santa Monica, CA: ESL, all proficiency levels, adults
Aug 1989
- Apr 1987 – *Lernen im Zentrum*, Munich, Germany: ESL and German as a Foreign Language, all levels
Feb 1988 adults
- Aug 1985 – *Boise State University*, Graduate Assistant, Boise, ID: Reading and Study Skills, Test-taking
Dec 1987 Skills, German (on campus and community classes)

COACHING EXPERIENCE

- Oct 2013 – *The University of Alabama*, Tuscaloosa, AL: Mental fitness, University of Alabama women's
May 2014 wheelchair basketball team; adapted rower: preparation for US trials in 2013
- Fall 2012 *Tuscaloosa Academy*, Tuscaloosa, AL: Cross Country, Varsity and Junior Varsity;
Result: varsity girls and junior varsity boys, state championship winners
- Aug 2009 – *Institute for High Performance*, Owner, Berlin, Germany: Mental Fitness for high performance
Dec 2011 and leadership: professional women's and men's teams and business executives
- Oct 2009 – *Berlin Brandenburg International School*, Berlin, Germany: cross country, track and fitness.
Dec 2011
- Mar 2006 – *Youth Track & Running Club*; Santa Monica, Beverly Hills, CA; 501(c)(3) non-profit
Dec 2014 organization; Co-Founder, President, and CEO; success: growth of club to two locations;
participation growth by 500% from first season
- Dec 2003 – *Studio A*, Owner, Santa Monica, CA: Mental Fitness for high performance and leadership;

- Jul 2009 Harvard Westlake, University of California at Los Angeles (UCLA), Nike Team Run LA, Socci / Genmove; private clients.
- Feb 1995 – *USA Handball*, US Olympic Women’s Team Handball Team, Atlanta, GA: Stretching & Flexibility
- July 1995
- Jan 1995 – *Holyfield International*, Atlanta, GA: member of Evander Holyfield’s coaching team
- May 1995

OTHER

- 2016 Osher Lifelong Learning Institute, Tuscaloosa, AL; Teacher, Mental Fitness
- 2015-16 UA, Vice President, UA Sport Pedagogy Association, Tuscaloosa, AL
- 2015 Special Olympics World Games, Los Angeles, CA, International Teams Floor Manager, basketball
- 2015 UA, Tuscaloosa, AL, “Sons and Daughters Event” for Faculty and Staff
- 2015 Alabama Museum of Natural History, Tuscaloosa, A, “Hands-on night at the Museum” physical activity
- 2013 UA, Tuscaloosa, AL, Women’s Wheelchair Basketball Team, Mental Fitness
- 2009 CAHPERD, Sacramento, CA, Vice President, recreation
- 2008 CAHPERD, Sacramento, CA, Vice President, recreation
- 2007 Autism Speaks, Los Angeles, CA, Fourth Annual Celebrity Golf Challenge
- 2006 Autism Speaks, Los Angeles, CA, Third Annual Celebrity Golf Challenge

CERTIFICATIONS

- 1998-2018, State of Georgia, Teacher’s Credential, full professional clear; English as a Second Language, German (P-12)
- 2016, UA, Qualitative Research Certificate
- 2015, UA, Online Educator Professional Development Program and Certification, (2015)
- 2015 - 2017 American Heart Association: CPR and AED certified
- 2012, American Council on the Teaching of Foreign Languages (ACTFL), Certificate of Attendance, Philadelphia, PA (2012)
- 2010, USA Track & Field, Indianapolis, IN; Level II Coach (college coach level): sprints, hurdles and relays
- 2009, LA’84 Foundation, Certificate of Completion, Coaching Education Curriculum for Sports Medicine,

Los Angeles, CA

2007, USA Track & Field, Indianapolis, IN; Level II Coach (college coach level): endurance events

2006, California Association for Health, Physical Education, Recreation and Dance, Sacramento, CA; Level 1-
A training in implementation strategies for the Physical Education Model Content Standards for
California Public Schools

1995, Michiko Rolek, The Zen Coach, Mental fitness training and Centered Stretch certification

1985, State of Idaho, Standard Secondary Certificate, German, (1985)

ADDITIONAL PROFESSIONAL MILESTONES

Oct 1998 – *Arnold Schwarzenegger*, Santa Monica, CA, English language structure; Translator for
Nov 2000 German correspondence.

Nov 1998 – *Getty Research Institute*, Los Angeles, CA, The Provenance Index, Editor of German
Sep 1999 transcriptions of 18th century art sales catalogues and German commentary.

Aug 1993 – *Edwin Moses Enterprises*, Los Angeles, CA and Atlanta, GA, Manager, strategizing client
July 1997 relationships and management before, during and after the Centennial Olympic Games; corporate
negotiations with Swatch, Hugo Boss, Budweiser, Cadillac; planning of events, speaking and
press engagements; fee negotiations.

Aug 1989 – *Arnold Schwarzenegger*; Santa Monica, CA: Assistant for Chairman of the President's Council
Sep 1993 for Physical Fitness and Sport; Assistant on film sets.

PROFESSIONAL MEMBERSHIPS

- NAKHE – National Association for Kinesiology in Higher Education
- Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD)
- SHAPE America (previously AAPHERD)
- ICQI – International Congress of Qualitative Inquiry
- Association of American Educators
- Expert Panel, FITOrbit, Los Angeles, CA
- USA Track & Field (USATF)
- Screen Actors' Guild (SAG)

PERSONAL

- Born in South Africa
- Raised in Germany
- US and German citizen

DOCTORAL COURSEWORK

Sport Pedagogy

- KIN 508 Perceptual Motor Development (3)
- KIN 510 Teaching and Supervising Elementary Physical Education (3)
- KIN 512 Physical Education Curriculum (3)
- KIN 538 Advanced Adapted Physical Education (3)
- KIN 612 Research in Physical Education Teacher Education (3)
- KIN 622 Analysis of Research on Teaching in Physical Education (3)
- KIN 632 Systematic Observation in Physical Education (3)
- KIN 642 Instructional Design in Physical Education in Higher Education (3)
- KIN 691 Research Studies in Sociology of Human Performance (3)

EDUCATIONAL RESEARCH

- BER 640 Multivariate Dependence Methods
- BER 631 Inquiry as Interpretation: Qual I
- BER 632 Reflection & Resist: Qual 2
- BER 633 Ethics & Aesthetics: Qual 3
- BER 687 Field Work in Educ Research Current:
- BER 630 Case Studies
- BER 695 Special Topics: Arts-Based Research

SOCIAL AND PHILOSOPHICAL FOUNDATIONS OF EDUCATION

- BEF 510 Philosophical, Historical, and Sociological Foundations of Education
- BEF 575 Foundations of Education through Film
- BEF 650 Critical Race Theory in Education
- BEP 665 Motivation and Emotion in Education
- PY 693 Seminar: Book Writing